Programme Overview
FEB. 2 - FEB. 3, 2024
Are you ready?

In this document, you can find the details of each activity in the Utrecht University Welcome Week! We have worked hard to put a fun and informative programme together, and we hope it will give you an excellent first insight into Utrecht and the UU. Keep scrolling to find out everything about the programme!

What to bring

Our advice is to attend all activities with your wallet, some cash, an ID, and your phone. On the 2nd of February, lunch will be handed out after the Opening Show. On the 3rd of February, you are encouraged to bring your own lunch and snacks. The weather in the Netherlands can be unpredictable, so always check the forecast in the morning.
The UU Welcome Week will start with the opening show at a huge lecture hall! You will be welcomed by representatives of the university and introduced to different organisations that can help you find your way around! You can interact with these organisations and ask any follow-up questions afterwards at their stands at the Marinus Ruppertgebouw.

### Opening Show

- **Time:** walk-in from 10:30 - 11:00, show runs from 11:00 - 12:00
- **Location:** Educatorium, Megaron room, Leuvenlaan 19, 3584 CE Utrecht

After lunch, you will follow an academic introduction programme hosted by your faculty. This is where you will receive important information on study-related matters. Please check your WW account for the location and time of your faculty's Academic Programme.

### Lunch with your Mentor Group

- **Time:** 12:00 - 13:30
- **Location:** Marinus Ruppertgebouw, Leuvenlaan 21, 3584 CE (This building is connected to Educatorium.)

Next, you will receive a lunch packet upon showing your Welcome Week e-ticket (in your WW account) and meet your mentor group! This is a great chance to try a Dutch lunch for the first time and socialise.
Explore the City

**Time:** 11:00 - 14:00

**Location:** Park Lepelenburg, 3581 BE Utrecht

It's time to gather with your mentor group and explore the beautiful city of Utrecht together! Follow the route on the Welcome Week website, and compete in photo challenges along the way on the Goosechase app. The group that completes most challenges creatively wins a special prize (UU merch)! Don't forget to grab free tea or coffee from your designated KEEK branch (café) on the way!

Culture Workshops

**Time:** 15:00 - 19:00 (depending on the timeslots of your workshops)

**Location:** Parnassos Cultuurcentrum, Kruisstraat 201, 3581 GK Utrecht

What are student organisations? Why and how should I join them? These are questions that will be answered during the culture workshops, where several student organisations will tell you about student life in Utrecht and what they and the city have to offer! Plus, you can learn a new skill or engage in one of your hobbies! See the workshops & timeslots on pages 6-7.
Get together with your new friends and enjoy the closing party hosted by the Erasmus Student Network (ESN), which is a student organisation for all international students. Besides parties, they host a variety of activities all year round, including trips in the Netherlands and abroad, pubquizzes, and career events!

**Time:** 21:00 - 04:00

**Location:** Club Poema, Drieharingstraat 22, 3511 BJ Utrecht

Check them out on @esn_utrecht on Instagram or visit their [website](#) for more info.
**Intro to Dutch Language**

Who: ESN Utrecht  
Where: Parnassos, room 124

Are you interested in getting a head start on how the Dutch Language works? Do you want to learn the first phrases you need to converse with Dutch locals? Then this workshop is for you! Learn all about the first steps to speak Dutch!

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**How to Act like a Local**

Who: ESN Utrecht  
Where: Parnassos, room 124

Are you interested in getting info about practical matters such as transportation, useful apps or places to study? Are you curious about Dutch culture and stereotypes, key Dutch phrases and getting tips about hidden gems in and around the city? Come to our How to Act Like a Local workshop!

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**Intro to Modern Dance**

Who: STUDance  
Where: Parnassos, room 24

During this one hour workshop given by STUDance, we will dive into modern dance. It is accessible to all levels, experience is not necessary. We are going to get comfy and flowy with dance exercises and a lovely choreography. Looking forward to dancing with you all!

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**Jazz Dance**

Who: STUDance  
Where: Parnassos, room 24

During this one hour workshop, we will focus on beginner friendly jazz, whilst also experimenting with musicality. I look forward to seeing you in our workshop.

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**Hip Hop Dance**

Who: STUDance  
Where: Parnassos, room 24

During this one hour workshop, you will learn beginner friendly hip hop choreography. We will also do some fun hip hop basic steps and freestyle.

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**Zero-Waste DIY**

Who: Green Office  
Where: Parnassos, CultUUr Café

Are you interested in making a simple, sustainable swap that will not only reduce waste and help protect the planet, but save you some money too? Take part in this easy, fun DIY workshop to make your own zero-waste self-care & home products whilst learning more about sustainability and circularity!

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**Debate Workshop**

Who: Urios  
Where: Parnassos, room 107

Are you interested in debating on the fine line between the rise of AI and the legal questions that come with it? Then join Urios' debate workshop!

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**Celebration of Cultures**

Who: Rooted Utrecht  
Where: Parnassos, room 207

Are you interested in guessing and trying food from different cultures? Our workshop is a taste to what our organisation is and the people who are a part of it! You will get a chance to try each dish which is from a culture/country represented by someone in our group.
Delft Blue "Painting"
Who: BuddyGoDutch
Where: Parnassos, room 207
In this workshop, we will create and "paint" the famous delfts blauw tiles. This is the perfect way to introduce international students to their new city, as it touches on a familiar Dutch icon, but also connects with the foundation of our own organisation. We hope to see you there!

Debating Games
Who: SIB Utrecht
Where: Parnassos, room 107
At SIB's workshop we will be engaging our minds and challenge each other to a battle of wits. Practice your argumentation skills during a series of debating games with SIB-Utrecht! Several fun formats are sure to keep you on your feet while you think about the prompts and their implications. Don't hesitate if you're not as well-versed in techniques, the debates are for entertainment purposes!