

## Adolescent Measure of Empathy and Sympathy (AMES)

**Reference:** Vossen, H.G.M., Piotrowski, J.T., Valkenburg, P.M. (2015) Development of the Adolescent Measure of Empathy and Sympathy (AMES). *Personality and Individual Differences*, 4, 66-71. doi: 10.1016/j.paid.2014.09.040

The AMES distinguishes between affective empathy (AE), cognitive empathy (CE) en sympathy (S). Definitions of these constructs are discussed in the article mentioned above.

**Instruction:** “We are going to ask you some questions about what you are like and how you normally behave”.

		Never	Almost never	Sometimes	Often	Always
<b>CE1</b>	I can easily tell how others are feeling.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>S1</b>	I feel sorry for a friend who feels sad.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>CE2</b>	I can often understand how people are feeling even before they tell me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>S2</b>	I feel sorry for someone who is treated unfairly.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>AE1</b>	When a friend is angry, I feel angry too.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>S3</b>	I am concerned for animals that are hurt.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>AE2</b>	When my friend is sad, I become sad too.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>CE3</b>	I can tell when a friend is angry even if he/she tries to hide it.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>AE3</b>	When a friend is scared, I feel afraid.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>CE4</b>	I can tell when someone acts happy, when they actually are not.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>S4</b>	I feel concerned for other people who are sick.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>AE4</b>	When people around me are nervous, I become nervous too.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

### Scoring:

- An affective empathy score is established by averaging items AE1, AE2, AE3 and AE4
- A cognitive empathy score is established by averaging items CE1, CE2, CE3 and CE4
- A sympathy score is established by averaging items S1, S2, S3 and S4