

## ESN Utrecht

### *What is ESN Utrecht?*

Does the name ESN ring a bell? The Erasmus Student Network (ESN) Utrecht is the biggest international student organization in Utrecht and founding section of the Erasmus Student Network, the biggest international student network in the world, that nowadays exists of over 525 sections in 40 different countries. With a team of over 300 volunteers we do everything to make every international student in Utrecht feel at home, and have the best exchange experience possible. We do this with our students-helping-students' principle. All the volunteers are students!

We create a platform where international students can meet local and other international students, by organizing many cultural, social, career-related and sportive events. You can think of daytrips to different Dutch cities, career cafés, theme parties, Dutch classes but also sports days for example!

Next to these events, we are also here to help new international students with all their questions and give advice when needed. For more information about ESN Utrecht and all our events, take a look at [esn-utrecht.nl](http://esn-utrecht.nl), like us on facebook (ESN Utrecht) or send an email to [info@esn-utrecht.nl](mailto:info@esn-utrecht.nl). We are happy to answer your questions and provide you with more information!

### *Are you an international student?*

At ESN Utrecht, you can meet local Dutch students as well as international students from all over the world. Why don't you join their **Mentor Programme**? This programme unites 10-15 international exchange students with two Dutch students to make sure you guys will feel at home here in Utrecht. In the beginning, they will help you find your way around Utrecht, adjust to the strange Dutch culture and student life here in the Netherlands. You can meet up regularly, go out for drinks, have dinner together, go to the ESN activities together; basically, having a lot of fun and becoming friends! For more information: <http://www.esn-utrecht.nl/mentor-programme>.

Do you also want to know what 'gezellig' means? Or the Dutch word 'borrel'? Then the **Dutch Language Course** might be something for you! ESN Utrecht organizes a Dutch Language Course for all internationals who want to learn this crazy and tricky language. We will teach you the basics of the Dutch language and culture in ten weeks in a fun and interactive way. Every week we will have a different theme, for example; holidays, food, greetings, friends & family. The course will start in the beginning of each semester. Just keep an eye on their facebook and website! For more information: <http://www.esn-utrecht.nl/dutch-language-course>.

### *Are you a Dutch student and would you like to volunteer within ESN Utrecht?*

At ESN Utrecht you will be able to put your intercultural skills into practice! ESN Utrecht has a large group of very committed volunteers who want to make sure the internationals students have the time of their life in Utrecht. You can join the **Mentor Programme** by becoming a mentor (together with a friend for example!). The 2 or 3 mentors will help a group of around 10 to 15 international students to feel at home in our beautiful city. As a mentor, you will guide them and help the international students adjust to the slightly crazy Dutch culture and student life in the Netherlands. If you want to sign up keep an eye on the ESN Utrecht facebook page or for more information send an email to: [integration@esn-utrecht.nl](mailto:integration@esn-utrecht.nl)

Next to our Mentor Programme you can also apply to become a **Dutch teacher**. Are you enthusiastic about the Dutch language? Do you have the guts to teach a class of international students and do you speak proper English? Then you are what they are looking for! Would you like to gain some teaching experience, get out of your comfort zone, meet new people or improve your English? Don't wait any longer and send your motivation and CV to [dutchclass@esn-utrecht.nl](mailto:dutchclass@esn-utrecht.nl) (the course starts at the beginning of semester 1 and 2).

You can also become a **guide**. If you would like to spend one amazing day guiding them around in Utrecht when the international students have just arrived, you can sign up becoming a guide on the ESN Introduction Day. This day is twice a year, at the beginning of both semesters. On this day you will show a group of 10-15 international students Utrecht and all the cool spots. A truly unforgettable

experience! Are you up for it? Please send an email to [info@esn-utrecht.nl](mailto:info@esn-utrecht.nl) and they will get into contact with you.