

Utrecht University Workplace fitness scheme

1. This scheme allows employees to make agreements regarding the reimbursement of expenses for workplace fitness within the framework of the Individual Terms of Employment Scheme (under Chapter 5 of the CAO NU).
2. In this context, workplace fitness refers to: all fitness and strength training (individual or group classes) that UU employees follow at Sportcentrum Olympos, at a gym or fitness centre or physiotherapy practice of their choice.
3. The expenses allowance can be granted for up to € 280,- per year for the purchase of an OlymPas at Sportcentrum Olympos or for the purchase of a subscription or a membership stamp card for a gym, fitness centre or physiotherapy practice of the employee's choice.
4. The agreements made must be recorded in the Individual Terms of Employment Scheme Application form.

Additional information

Olympos OlymPas

The Olympos OlymPas is an all-inclusive sports card that gives users access to virtually all of Olympos' sports activities. For UU employees, the OlymPas is € 280,- per year (or € 28 per month) and starts on the day of purchase.

Additional information about the OlymPas, which sports programmes it covers, rates, registration at Olympos and the schedules of the various activities is available on: <https://olympos.nl/nl-nl/Sportaanbod/Sport-op-maat/Bedrijfsfitness>

Arranging workplace fitness participation

Employees must purchase an OlymPas themselves at the front desk of Sportcentrum Olympos or online via www.olympos.nl. When purchasing their membership, they must demonstrate employment at Utrecht University with a recent salary statement and identity document. Employees can also purchase a subscription or membership stamp card at a gym, fitness centre or physiotherapy practice of their choice.

These regulations, as amended in consultation with the University Labour Representation Board on February 19th, 2025, shall come into force on March 1st, 2025 and will replace the previous regulations