

# Psychological perspective on smart grids

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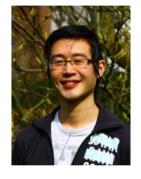
































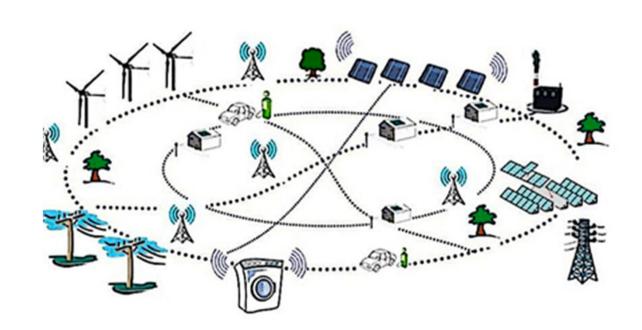




# Environmental Psychology

- > Interaction human and environment
  - Environmental conditions influence human behaviour and well-being
  - Human behaviour affects environmental quality
    - how to reduce environmental problems via behaviour changes

# Smart Grids need behavioural change





# Psychology and smart grids

- > Behaviour changes needed in smart grids
  - Change user behaviour
    - use less or adapt demand to supply
  - Adopt and use of energy efficient technology
  - Adopt and use monitoring/control technology
  - Adopt and use renewable energy sources
- > Acceptability of smart grids and policies

## Values

- > Values are guiding principles in life
  - affecting beliefs, attitudes and behaviours
  - colour perceptions and cognitions









Steg & De Groot (2012); Steg, Perlaviciute, Van der Werff & Lurvink (2012)









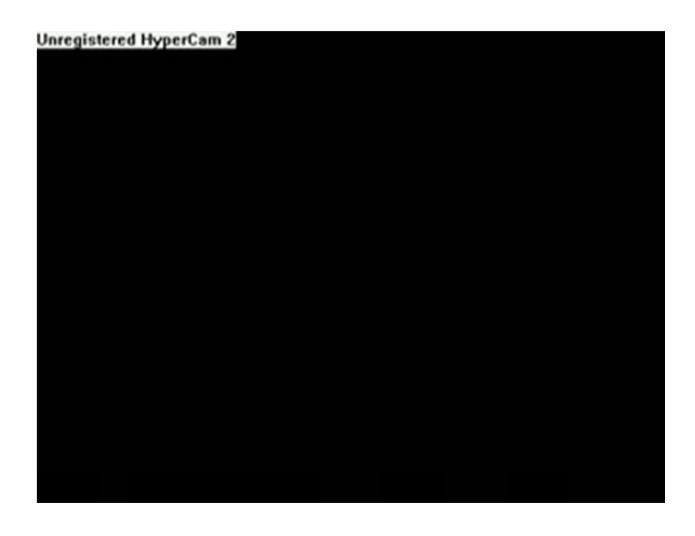


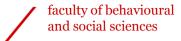






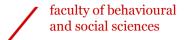






### Values and behaviour

- > Values influence behaviour mainly indirectly
  - Influence beliefs
  - Influence information processing
  - Influence personal norms
  - Identity: link consequences to the self



# Values and preferences

Egoistic and biospheric values:

- > Define what is important
  - consequences for self or environment.
- > Shape overall positive or negative views



# Values and beliefs-nuclear power

- > Strong egoistic values
  - Nuclear power more acceptable
  - More positive egoistic and environmental consequences
- > Strong biospheric values
  - Nuclear power less acceptable
  - Risks more, environmental benefits less likely

# Values and preferences for local renewable energy systems

- > Strong egoistic values
  - renewable energy systems less acceptable
  - environmental benefits less likely
- > Strong biospheric values
  - renewable energy systems more acceptable
  - egoistic disadvantages less likely





#### Values activate norms

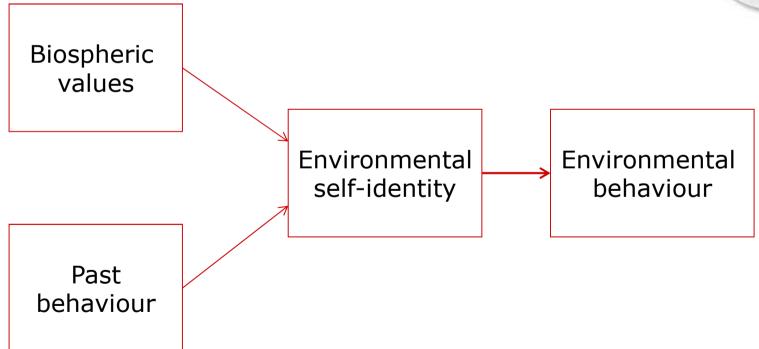
Problem Outcome Personal **Values** Behaviour efficacy awareness norms

- First need to be aware of the problem before thinking about one's own responsibility, and before feeling a moral obligation to do something about it
- Model explains evaluation and actual participation in smart energy systems

De Groot & Steg (2009); Helbig (2010); Hiratsuka (2010); Jakovcevic & Steg (2013); Steg, Abrahamse, & Dreijerink (2005); Steg & De Groot (2010)

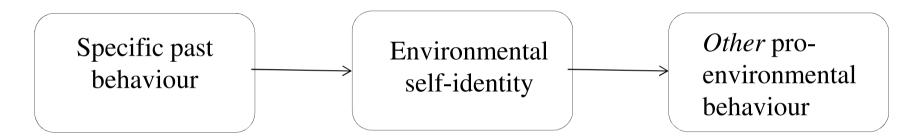
## Values and Identity







# Positive spill-over

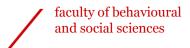


- > Particularly, if the initial behaviour strongly signals your identity
  - Somewhat costly behaviour
  - Unique behaviour

## Value conflict

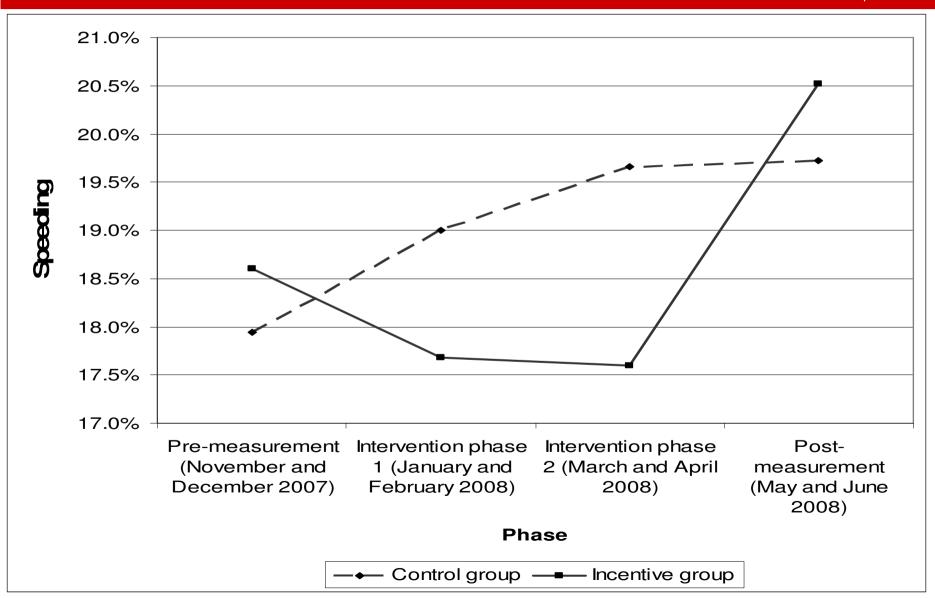
- Pro-environmental actions are often costly, effortful or inconvenient
- > Reduce value conflict
  - Make pro-environmental actions beneficial or fun
  - Strengthen or activate biospheric values





### Effects of PAYD

- > PAYD: discount on insurance fee when driving safe and environmentally sound
  - e.g., not speeding
- Monitor driving behaviour via GPS before, during and after the trial
- > Experimental and control group









#### Environment

#### Money

#### Control

## Do You Care About the **Environment?**

Take a coupon for a FREE professional tire check!



Source: www.fueleconomy.gov

- Like balloons, your tires lose pressure over time.
- Improper tire pressure increases fuel consumption which harms our environment.
- Properly inflating tires cuts back vehicle emissions.

Participating stations:



Snappy Lube #23 1402 N. Main Street Blacksburg, VA 24060

Snappy Lube #24 2405 Market Street Christiansburg, VA 24073

## Do You Care About your **Finances?**

Take a coupon for a FREE professional tire check!



- Like balloons, your tires lose pressure over time.
- Improper tire pressure increases fuel consumption, which is expensive.
- Properly inflating cuts back fuel costs.

Snappy Pube

Participating stations:

Snappy Lube #23 1402 N. Main Street Blacksburg, VA 24060

Snappy Lube #24 2405 Market Street Christiansburg, VA 24073

# Take a coupon for a FREE professional tire check!



- Like balloons, your tires lose pressure over time.
- The average U.S. driver travels 12.000 miles yearly.
- Not everyone checks their tires regularly.



Participating stations:

Snappy Lube #23 1402 N. Main Street Blacksburg, VA 24060

Snappy Lube #24 2405 Market Street

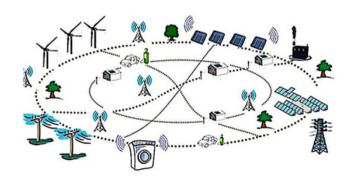


- Money or environment
- > Financial feedback more meaningful than environmental (CO<sub>2</sub>) feedback, but not more motivating
- > Act upon environmental feedback because it makes us feel good
  - Meaningful contribution.



#### Conclusions

- > Reduce conflict between biospheric values and other values
- > Strengthen or activate biospheric values
- > Target situational cues that activate and support biospheric values





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